

**STUDENT ACTIVITY SHEET and QUESTIONNAIRE FOR
SENIOR RECOMMENDATION**

Name: _____ Counselor: _____ Date: _____

The purpose of the senior activity sheet is to offer detailed information to your counselor that he can utilize in writing a recommendation for college. Specific information is most helpful in writing a detailed recommendation! Feel free to download this document from the Fairland Website (under Student Services/Guidance Downloads) and type in your responses. **Please note that only your counselor will have access to this document.**

Transcripts of grades and letters of recommendation to colleges will not be sent until this is completed and returned to your counselor. We need to receive this information four weeks before your application deadline.

1. List the schools you are presently considering and how you view your chances of admission (i.e. Reach, Target, Safety).

2. Chronicling Your Involvements and Activities

Performing Arts—Music, Theater: Indicate the nature of your involvement (e.g., actor, stage manager, etc., music or dance performance). Please note any awards or special recognition you have received.

Ensemble/Performance	Circle Grade(s)	Involvement/Role/Awards
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	

Visual Arts: List any competitions, types of instruction (both in and out of school), years of involvement. Note any awards or special recognition you have received.

Competition/Instruction	Circle Grade(s) 9 10 11 12	Recognition
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	

Athletics: List each sport, level of participation (Varsity or JV) and special recognition you have received (Captain, All Star, etc.)

Sport	Circle Grade(s) 9 10 11 12	Role/Awards
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	

Clubs: List any extra-curricular activities at Fairland in which you have been involved. Please note any leadership roles and indicate level of involvement.

Club/School Activity	Circle Grade(s) 9 10 11 12	Avg. hours per week/Role
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	

Community Service/Volunteer Activity:

Location	Nature of Work	Avg. hrs/Week	Dates

Employment: List all jobs you have held from Grade 9 to present. Include summer jobs or work during the school year.

Place of Employment	Position(s) Held	Avg. hrs/Week	Dates

Summer Activities: Describe your summer activities.

Grade 9 _____

Grade 10 _____

Grade 11 _____

Please list any additional awards or honors. _____

4. What activities inside or outside of school do you enjoy the most? What activities are you likely to continue in college?

5. Do you have an intended area of study?

6. Which courses have you enjoyed most? Why?

7. Which courses have given you the most difficulty? Why? How did you handle this situation?

8. Tell us about one or two memorable classroom experiences that you have had.

9. What have you done in the past four years that makes you the most proud?

10. List any special awards, honors, or recognitions received not already noted. Please explain.

11. Has any summer experience, volunteer work, community service experience or job been of significant importance to you? Please explain.

12. What would your closest friends say your three best qualities are?

13. Do you have someone you particularly admire? Who? Why?

14. Can you think of a particularly difficult situation you have been in? How did you resolve it?

15. What do you consider your two greatest strengths? Why?

16. Is your high school academic record an accurate measure of your ability and potential? If not, why?

17. What circumstances, if any, have impacted you in the high school setting?

18. What would you most like your counselor to highlight in a description of you to be sent to a college? Is there anything else you would like your counselor to know?